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RNLI Port Erin

ROYAL NATIONAL INSTITUTE OF BLIND PEOPLE

SAFE, STRONG, SECURE - 3S

SAILING FOR THE DISABLED

SAMARITANS

SERVICE USERS NETWORK (SUN)

SOUTHERN BEFRIENDERS LIMITED

SPECIAL OLYMPICS ISLE OF MAN

SSAFA

ST JOHN AMBULANCE ISLE OF MAN

THE CHILDREN'S CENTRE

THE IOM SCOUT ASSOCIATION

THE MANX MSA TRUST

THE MANX STROKE FOUNDATION

THE PAHAR TRUST NEPAL

THE PRAYER BOOK SOCIETY - SODOR & MAN BRANCH

THE ROYAL BRITISH LEGION ISLE OF MAN

THE SALVATION ARMY (DOUGLAS CORPS)

THE STROKE ASSOCIATION

TRAVEL WATCH IOM

UNITED RESPONSE - ISLE OF MAN ADVOCACY SERVICE

UNIVERSITY OF THE THIRD AGE

VICTIM SUPPORT ISLE OF MAN

WITNESS SERVICE ISLE OF MAN (part of Victim Support Isle of Man)

WOMEN'S AID

CIRCA ISLE OF MAN
Manx Charity Registration No: 657

CONTACT DETAILS

Heather Williams – Centre Manager
Heather Rothwell – Assistant Centre Manager
CIRCA House
Level 2, Chester Street Car Park
Douglas, IM1 2PG

Phone	01624 613713
Website	www.circa.org.im
E-mail	enquiries@circa.org.im
Facebook	CIRCA@shopmobility.im

SERVICES PROVIDED

Information Centre.
Hire of Shopmobility equipment
Meeting room available for hire with all standard facilities including free Wifi.
Central Volunteering Agency for the island.

ADDITIONAL COMMENTS

Centre for Information, Resource, Care and Assistance.
For locals and visitors to the Island requiring general information and mobility equipment.

Aims of the charity: To provide general assistance, information and care to members of the community.

Opening times: Monday to Friday, 10am to 4pm. Other times by arrangement.

CIRCA SHOPMOBILITY

Manx Charity Registration No: 657

CONTACT DETAILS

Heather Williams – Centre Manager
Heather Rothwell – Assistant Centre Manager
CIRCA House
Level 2, Chester Street Car Park
Douglas, IM1 2PG

Phone	01624 613713
Website	www.circa.org.im
E-mail	enquiries@circa.org.im
Facebook	CIRCA@shopmobilityiom

SERVICES PROVIDED

Hire of manual wheelchairs, powered wheelchairs, electric scooters and walking aids for shopping trips, outings etc for people with mobility difficulties. This can be on an hourly, daily, weekly or monthly basis.

ADDITIONAL COMMENTS

Opening times: Monday to Friday, 10am to 4pm. Other times by arrangement.

Nominal hire charges.

CIRCA VOLUNTEERING AGENCY

Manx Charity Registration No: 657

CONTACT DETAILS

Heather Williams – Centre Manager
Heather Rothwell – Assistant Centre Manager
CIRCA House
Level 2, Chester Street Car Park
Douglas, IM1 2PG

Phone	01624 613713
Fax	01624 613913
Mobile	
Website	www.circa.org.im
E-mail	volunteers@circa.org.im
Facebook	@circavolunteerservicesiom

SERVICES PROVIDED

Helping volunteers to find placements with charities and voluntary organisations on the Isle of Man.

ADDITIONAL COMMENTS

Opening times: Monday to Friday, 10am to 4pm.

Every single hour given can help someone.

ACTION4AUTISM IOM
Manx Charity Registration No: 1065

CONTACT DETAILS

Michelle Taylor

Phone	01624 618292
Fax	
Mobile	
Website	
E-mail	michelletaylor@manx.net
Facebook	@a4aiom

SERVICES PROVIDED

To support parents, carers and professionals who care for children and adults with high functioning autism and Asperger's Syndrome by:

- 1 – providing information/training on autism, Asperger's Syndrome and ASD.
- 2 – increasing awareness of ASD in the community.
- 3 – lobbying and working with Government departments for improved services for children with ASD.

ADDITIONAL COMMENTS

AGE CONCERN ISLE OF MAN

Manx Charity Registration No: 549

CONTACT DETAILS

Helen Southworth – Chief Executive
19 Drinkwater Street
Douglas
IM1 1AT

Phone

01624 631740

Fax

01624 672951

Mobile

Website

www.ageconcerniom.com

E-mail

info@ageconcerniom.com

Facebook

SERVICES PROVIDED

4 Lifelong Learning Computer Centres.
5 Lunch Clubs.
Information and advice signposting service.
Meals on Wheels.

ADDITIONAL COMMENTS

Age Concern Isle of Man aims to create an age friendly society where every older person counts and is here to improve the quality of life for all older people.

We work in partnership with Social Services, the private sector, the business sector and other voluntary organisations to help the over 50s, the disabled and their families, carers and associated professionals.

ALZHEIMER'S SOCIETY – ISLE OF MAN

Manx Charity Registration No: 1128

CONTACT DETAILS

Grahame Bell
Level 3 Tower House
Castle Street
Douglas
IM1 2EZ

Phone	01624 613181
Fax	
Mobile	
Website	www.alzheimers.org.uk
E-mail	isleofman@alzheimers.org.uk
Facebook	@alzheimerssocietysupportisleofman613181

SERVICES PROVIDED

Singing for the Brain in Ramsey, Douglas and Port Erin.
Dementia Friends sessions.
Carers' Information and Support sessions.
Volunteering to support people with dementia.
(Please call 613181 for details)

ADDITIONAL COMMENTS

The Alzheimer's Society provides support for people with dementia and their carers' in various situations:
Post-diagnosis support in the Older Person's Mental Health Service
Community support across the isle of Man
Acute care support in Nobles Hospital

ANTHONY NOLAN

Manx Charity Registration No: 582

CONTACT DETAILS

Ivan Bratty
Gracelands
25 Keeil Pharick Park
Glen Vine
IM4 4EW

Phone	01624 852486
Fax	
Mobile	07624 494720
Website	www.anthonynolan.org
E-mail	ivanbratty@manx.net
Facebook	@Anthony Nolan (Isle of Man Friends)

SERVICES PROVIDED

Fundraising.

Donor Clinics.

ADDITIONAL COMMENTS

For patients needing bone marrow transplants.

Volunteers required for Committee members.

ARTHRITIS CARE ELLAN VANNIN

Manx Charity Registration No: 417

CONTACT DETAILS

Allison Cowin – Chair
Linda Wilson – Secretary
Sarah Smythe – Treasurer
PO Box 185
Douglas, IM99 1YN

Phone

Fax

Mobile

Website

E-mail

Facebook

sarahjsmythe@outlook.com

@ArthritisCareEllanVannin

SERVICES PROVIDED

Support and information for people (including friends and family) with arthritis or related illnesses.

ADDITIONAL COMMENTS

Regular events throughout the year. See Facebook for more information.

AUTISM IN MANN

Manx Charity Registration No: 607

CONTACT DETAILS

Sue Corlett – Chair

Contact us by telephone, e-mail or our Facebook page.

Phone Fax Mobile Website E-mail Facebook	07624 480167 autisminmann@manx.net @autisminmann
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SERVICES PROVIDED

Autism in Mann is a parent support group supporting people with ASD (Autistic Spectrum Disorders) and their families.

Raising awareness.

ADDITIONAL COMMENTS

Aims:

- To increase public awareness, provide a listening ear and support families.
- To provide information to families and professionals.
- To equip parents to deal more effectively with problems experienced by individuals with autism.

AUTISM INITIATIVES ISLE OF MAN

Manx Charity Registration No: 835

CONTACT DETAILS

Jo Jordan
The Oaks
Mayhill
Ramsey
IM8 2HG

Phone

01624 814801

Fax

01624 814854

Mobile

Website

www.autisminitiatives.org

E-mail

jo.jordan@autisminitiatives.org

Facebook

SERVICES PROVIDED

Outreach support.
Employment support.
Residential support.
Workshops.

ADDITIONAL COMMENTS

We work with people throughout the autism spectrum, increasing awareness and supporting all involved.

BALLAMONA ASSOCIATION FOR MENTAL HEALTH

Manx Charity Registration No: 194A

CONTACT DETAILS

Mary Maylott - Secretary
4 Crosby Terrace
Douglas
IM2 5DG

Phone	01624 675833
Fax	
Mobile	
Website	
E-mail	marymaylott@iom.com
Facebook	

SERVICES PROVIDED

Supporting hospital and community based clients who suffer from mental health problems.

Providing accommodation in conjunction with DHSC.
Patient comforts, organising social and recreational activities.

ADDITIONAL COMMENTS

Dr Chris Jagus – Patron.
Tom Cowell MBE – President.
Hazel Hannan - Chair.
Gill Caley - Treasurer.
Also:
Julie Bennion.
Sarah Christian.
Margot Dahn JP.

BEACH BUDDIES

Manx Charity Registration No: 1158

CONTACT DETAILS

Bill Dale – Founder
Larivane Croft
Leodest Road
Andreas
Isle of Man
IM7 4HA

Phone

07624 496560

Twitter

@BuddiesIOM

Mobile

Website

www.beachbuddies.net

E-mail

Facebook

Beach Buddies Isle of Man

SERVICES PROVIDED

Weekly volunteer beach cleaning for the isle of Man.
Hosting of events for companies/groups/societies.
Education programme in all Isle of Man schools.
Organisation of 'adoption' of beaches/glens/footpaths, etc
Lectures on beach cleaning and waste management.

ADDITIONAL COMMENTS

Our aims are:
To give the Isle of Man the cleanest beaches in Britain and Europe.
To expand our programme in any part of the world.
To educate children about the result of careless disposal of rubbish.
To protect the Isle of Man's marine life and seabird populations.
To ensure long-term financial security of the Beach Buddies charity.

BOWEL CANCER ISLE OF MAN

Manx Charity Registration No: 1035

CONTACT DETAILS

Heather Norman (Chairman)
Ballaleshin
Quines Hill
Port Soderick
IM4 1AU

Phone	
Fax	
Mobile	07624 480973
Website	www.bowelcanceriom.com
E-mail	bowelcanceriom@manx.net
Facebook	Bowel Cancer IOM IOM Bowel Cancer Patient Support Group Bowel Cancer IOM Walk to Remember All That Glam

SERVICES PROVIDED

Raising awareness of bowel cancer, its symptoms, screening and treatment.
Attending community events, giving presentations, fundraising activities (flag days, sponsored walks, etc).
Providing support to people affected by bowel cancer - bi-monthly meetings for patients and partners/carers – see website for details, 24/7 telephone helpline.
Supporting improvements in locally provided treatment where possible

ADDITIONAL COMMENTS

Being a small charity we would love to hear from anyone who might be able to assist with PR activities, event planning and management, and charity administration.

BREATHE EASY ISLE OF MAN

Manx Charity Registration No: 1177

CONTACT DETAILS

Viv Osland
Thornton
Glenlough Circle
Glen Vine
IM4 4AX

Phone	01624 855008
Fax	
Mobile	
Website	www.blf.org.uk/breatheeasy
E-mail	vivosland@hotmail.com
Facebook	@BreatheEasyIsleOfMan

SERVICES PROVIDED

Social activities, speakers, advice and discussion for people suffering from any breathing difficulties.

ADDITIONAL COMMENTS

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BRIDGE THE GAP

Manx Charity Registration No: 1167

CONTACT DETAILS

Fiona Barker
c/o Kionslieu Farm
Higher Foxdale
IM4 3HB

Phone	01624 801349
Fax	
Mobile	
Website	www.bridgethegap.im
E-mail	contact@bridgethegap.im
Facebook	@Bridge The Gap IOM

SERVICES PROVIDED

Improving facilities and support for teenagers and young people with complex, chronic and life threatening medical conditions on the isle of Man.

ADDITIONAL COMMENTS

Young people who are unwell often face repeated or extended inpatient stays and feel isolated within the adult wards at Nobles Hospital. BtG will provide a relaxing environment for these patients, far removed from that of a clinical ward, where these young people can also visit when at Nobles for scans/blood tests, etc.

BtG are funding hospital based youth worker support, this in conjunction with Isle of Man Youth Services.

BRITISH HEART FOUNDATION ISLE OF MAN

Manx Charity Registration No: 293

CONTACT DETAILS

Mr C T Sentance
Ballachrink Farm
Jurby East
IM7 3HD

Phone	01624 896107
Fax	
Mobile	
Website	
E-mail	
Facebook	@BHFION

SERVICES PROVIDED

Purely fundraising, to provide equipment for hospital and emergency services on the Island.

ADDITIONAL COMMENTS

Contributes to National Heart Research.

BRITISH RED CROSS SOCIETY ISLE OF MAN

Manx Charity Registration No: 752

CONTACT DETAILS

Martin Birchenough – Island Services Manager
Isle of Man Business Park
Cooil Road
Braddan
IM2 2QZ

Phone	01624 639310
Fax	01624 624839
Mobile	07624 271575
Website	www.redcross.org.uk
E-mail	mbirchenough@redcross.org.uk
Facebook	

SERVICES PROVIDED

Patient transport services, Independent living service, Wheelchair and toilet medical loan, first aid training, fundraising for emergency and disaster relief, Nobles Hospital trolley, charity shop.

ADDITIONAL COMMENTS

Emergency response is the most important aspect of Red Cross – to be ready at a moment's notice for any emergency which might occur.

The Red Cross works with other emergency services - Police, Fire, Ambulance and Civil Defence.

CAESAREAN SUPPORT NETWORK

Manx Charity Registration No: N/A

CONTACT DETAILS

Yvonne Williams
55 Cooil Drive
Douglas
IM2 2HF

Phone

01624 661269 after 6pm

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

To provide education, information, contacts and support on all matters relating to Caesarean birth help for Caesarean parents and parents to be.

ADDITIONAL COMMENTS

Aims: to provide education and information about Caesarean delivery.

CARE FOR THE FAMILY

Manx Charity Registration No: N/A

CONTACT DETAILS

Traci Lowden-Stoole
1st Floor, Nadine House
13 North Quay
Douglas
IM1 4LE

Phone	01624 615712
Fax	
Mobile	07624 491043
Website	
E-mail	Traci.lowden-stoole@cff.org.uk
Facebook	@isleofmancff

SERVICES PROVIDED

Adult couple relationship, parenting and bereavement supports.
Office is open 10am – 3pm daily as a Drop In if you would like to browse our resources or have a confidential chat about any issue relating to marriage, parenting (including single parents and parents with children with additional needs) and bereavement (widowed young or bereaved parents).
Our resources include books, brochures, videos, podcasts, community courses, support groups, befrienders and single parent holidays.

ADDITIONAL COMMENTS

All our courses are presented by volunteers who have walked the walk but are not experts or professionals. Our help is in the form of people who are travelling the same journey as you.

CARE IN MANN

Manx Charity Registration No: 392

CONTACT DETAILS

Pam Bennett - Secretary
16 Ballacriy Park
Colby
IM9 4LT

Phone	01624 628500 for service
Fax	
Mobile	
Website	
E-mail	
Facebook	@care.in.mann

SERVICES PROVIDED

An extensive variety of non-medical services 24 hours a day, 7 days a week, 52 weeks a year.

Services include: transport to doctors, hospital, shopping etc. Collection of prescriptions, library books etc.

Island wide service.

ADDITIONAL COMMENTS

Aims: to provide non-medical assistance, in times of need, to the community.

COELIAC GROUP ISLE OF MAN

Manx Charity Registration No: 961

CONTACT DETAILS

Alison Woods - Chair
66 Reayrt Y Chrink
Four Roads
Port Erin
IM9 6DL

Phone	01624 845730
Fax	
Mobile	07624 457253
Website	www.coeliac.org.uk
E-mail	alisonwds94@gmail.com
Facebook	

SERVICES PROVIDED

Meals, talks and demonstrations of gluten free foods.
Meeting place for those with these conditions.
Experiences.

ADDITIONAL COMMENTS

Services are for all coeliac, gluten free or wheat free persons and their families.

CRAIG'S HEARTSTRONG FOUNDATION

Manx Charity Registration No: 937

CONTACT DETAILS

Paula Lunt
144 Ballabrooie Drive
Douglas
IM1 4HJ

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 401761

www.craigshheartstrongfoundation.co.uk

craigshheartstrong@manx.net

SERVICES PROVIDED

Heart screening for 14 – 35 year olds.

ADDITIONAL COMMENTS

Craig's Heartstrong Foundation has teamed up with the UK charity CRY (Cardiac Risk in the Young) in order to bring to the Island the relevant equipment and qualified staff to hold screening events.

CROSSROADS CARE

Manx Charity Registration No: 383

CONTACT DETAILS

Immie Birchall
Units B5 & B6
Eden Business Park
Cooil Road
Braddan, IM4 2AY

Phone	01624 673103
Fax	01624 678636
Mobile	07624 313841
Website	www.crossroadsiom.org
E-mail	shopadmin@crossroadsiom.org
Facebook	@CrossroadsCareIoM

SERVICES PROVIDED

Respite service for carers to have a break.
Support and social activities for young carers.
Social activities and social enterprise scheme for people with disabilities.
Fully inclusive nursery.
Adult day care.

ADDITIONAL COMMENTS

Contact names:
Zoe Chestnut - Children's Services.
Jackie Betteridge - Chief Executive.
Jayne Sloane - Adult Services.
Hannah Murphy - Disability Services.
Julia Cullen – Fundraising.
Immie Birchall - Shop Co-ordinator.

CRUSE BEREAVEMENT CARE ISLE OF MAN

Manx Charity Registration No: 971

CONTACT DETAILS

Amanda Cafearo
6c The Village Walk
Onchan
IM3 4EA

Phone	01624 668192
Fax	
Mobile	
Website	www.cruseisleofman.org
E-mail	info@cruseisleofman.org
Facebook	@cruseiom

SERVICES PROVIDED

Counselling and bereavement support personally or by phone. The helpline is manned Monday to Friday, 9am to 12pm.
Advice for those supporting bereaved people.
Variety of books and leaflets available.

ADDITIONAL COMMENTS

Helpline – 01624 668191.
We provide emotional and practical support through counselling.
Support can be given in our office counselling room, at home or by phone for as long as required.
Talks can be arranged for groups to heighten awareness of bereavement and of Cruse.
Regular training courses are held for bereavement volunteers.

Disability Networks

Manx Charity Registration No: 1113

CONTACT DETAILS

Beth Martin
2 Smeale Cottages
Andreas
IM7 3EB

Phone	01624 880888
Fax	
Mobile	
Website	www.disabilitynetworks.info
E-mail	disabilitynetworks@manx.net
Facebook	@disabilitynetworks

SERVICES PROVIDED

Website to access disability information for disabled people and their carers.

For those who lack internet skills and access, we provide a leaflet listing initial contact points aimed at the over 65's.

ADDITIONAL COMMENTS

Disability NetWORKS aims to collect Manx disability information into a central directory which can be accessed online.

We hope to expand the services in the future.

DOUGLAS COAL FUND

Manx Charity Registration No: 37

CONTACT DETAILS

Barbara Shimmin - Secretary
Summer Court
Woodlands Avenue
Douglas
IM2 3QS

Phone

01624 622193

Fax

Mobile

Website

E-mail

Facebook

@DouglasCoalFund1850

SERVICES PROVIDED

Assistance by way of vouchers to help towards the cost of heating for the elderly and infirm in the Douglas area on low incomes.

ADDITIONAL COMMENTS

Anita Ardern – Chair (01624 675180).
Sandra Mousley – Treasurer (01624 676564).

DOWN'S SYNDROME ISLE OF MAN

Manx Charity Registration No: 861

CONTACT DETAILS

Frances Tinkler - Secretary
Dhoon Rushen
Surby Road
Port Erin
IM9 6TE

Phone	01624 834173
Fax	
Mobile	07624 419660
Website	
E-mail	tinkler@iom.com
Facebook	

SERVICES PROVIDED

Help and support for people with Down's Syndrome, their families and friends.

ADDITIONAL COMMENTS

Peter O'Brien – Chair.
Adrian Tinkler – Treasurer.

DREAMCATCHER APPEAL

Manx Charity Registration No: 12345AB

CONTACT DETAILS

Sophs Leonard-Morgan
PO Box 1368
Douglas
IM99 1SW

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 492189

www.dreamcatcherappeal.co.uk

sophs@dreamcatcherappeal.im

SERVICES PROVIDED

Gifts

ADDITIONAL COMMENTS

Applications open to Isle of Man connections.

Only non profitable organisations can apply.

ELLAN VANNIN CATS' PROTECTION TRUST

Manx Charity Registration No: 404

CONTACT DETAILS

Jane Corteen
Ballamona Beg Farm
Ballaugh
IM7 5AU

Phone

01624 898178

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

Care of elderly unwanted cats and disabled cats due to injury.

ADDITIONAL COMMENTS

We need volunteers to organise car boot sales.

ERIN ARTS CENTRE

Manx Charity Registration No: 236A

CONTACT DETAILS

John Bethell MBE
Victoria Square
Port Erin
IM9 6LD

Phone

01624 835858

Fax

01624 836658

Mobile

Website

www.erinartscentre.com

E-mail

information@erinartscentre.com

Facebook

SERVICES PROVIDED

Exhibitions, lectures, films and concerts.

ADDITIONAL COMMENTS

FAITH IN ACTION FOR MANN

Manx Charity Registration No: 1086

CONTACT DETAILS

Eddie O'Sullivan
16 Yew Tree Apartments
Walpole Drive
Ramsey
IM8 1NA

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 487768

SERVICES PROVIDED

To show God's love in a manner beneficial to the public by enhancing the community and environment in a positive way through community works in Ramsey and the north.

ADDITIONAL COMMENTS

Faith in Mann carries out any suitable voluntary work that we are asked to do, for which skills can be found including litter picking, painting and gardening.

FAMILIAL SPASTIC PARAPLEGIA SUPPORT GROUP

Manx Charity Registration No: N/A

CONTACT DETAILS

David Kershaw
135 Woodbourne Road
Douglas
IM2 3AZ

Phone	01624 664284
Fax	
Mobile	07624 413354
Website	
E-mail	
Facebook	

SERVICES PROVIDED

Advice, support, contact with fellow sufferers, access to medical information and genetical research.

ADDITIONAL COMMENTS

This FSP support group is a UK based organisation and we are attempting to form an Island based group.

This condition is a rare occurrence, but it is important that sufferers don't feel isolated.

There is help and support available with the benefit of personal experience.

FISHERMEN'S MISSION ISLE OF MAN

Manx Charity Registration No: 1179

CONTACT DETAILS

Michael Craine - Hon. Agent
Ship to Shore Chandlery
East Quay
Peel
IM5 1TA

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 486437

@Fishermen's Mission Isle of Man

SERVICES PROVIDED

Giving welfare support and advice to fishermen and relatives of fishermen.

ADDITIONAL COMMENTS

Meetings in Peel every two months.

Additional contacts:

David Faulkner – Chair (07624 493644).

Peter Scott – Treasurer (07624 490640).

Roger Sim- Secretary (01624 824754).

FOUNDATION FOR THE STUDY OF INFANT DEATH IOM
Manx Charity Registration No: N/A

CONTACT DETAILS

Lynne Foster
14 Queen's Road
Onchan
IM3 4AG

Phone	01624 622805
Fax	
Mobile	07624 420400
Website	
E-mail	
Facebook	

SERVICES PROVIDED

Befriending service, Island wide visiting for bereaved families.

ADDITIONAL COMMENTS

FRIENDS OF CHERNOBYL'S CHILDREN (IoM)

Manx Charity Registration No: 977

CONTACT DETAILS

Norman Rivers
16 Birch Hill Grove
Onchan
IM3 4EL

Phone	01624 625926
Fax	
Mobile	
Website	www.focc.co.im
E-mail	normanrivers@manx.net
Facebook	@FOCCIsleOfMan

SERVICES PROVIDED

Recuperative holidays for underprivileged children from Belarus affected by the Chernobyl atomic reactor disaster.

Humanitarian aid to them and their families.

ADDITIONAL COMMENTS

The children of Belarus are selected by our representative there in conjunction with the Belarusian Government Humanitarian Aid Department.

FRIENDS OF MANX NATIONAL HERITAGE

Manx Charity Registration No: 545

CONTACT DETAILS

Nicola Pemberton
Ballachrink Mill
Santon
IM4 1HE

Phone	01624 824137
Fax	
Mobile	
Website	www.friendsofmnh.org
E-mail	fmnh.njp@manx.net
Facebook	@friendsofmnh

SERVICES PROVIDED

Help to conserve Manx heritage for future generations.

ADDITIONAL COMMENTS

Membership mail to FMNH, c/o Manx Museum, Douglas, IM1 3LY.

FRIENDS OF ROBERT OWEN HOUSE

Manx Charity Registration No: 839

CONTACT DETAILS

Ballaglass
Eleanora Drive
Douglas
IM2 3NN

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 333008

www.robertowenhouse.org

froh@manx.net

SERVICES PROVIDED

For family members of those undergoing heart and lung surgery at Broadgreen Hospital, Liverpool.

ADDITIONAL COMMENTS

Robert Owen House is within the grounds of Broadgreen Hospital in Liverpool.

It provides overnight accommodation for a family member of patient undergoing heart and lung surgery.

It saves families having to stay in Liverpool hotels etc.

50% of the current bednights are now utilised by Isle of Man residents. No NHS money is used to run the day-to-day operation of this facility.

FRIENDS OF THE CURRAGHS WILDLIFE PARK

Manx Charity Registration No: 418

CONTACT DETAILS

Steve Colvin
Greenwood
Ballaugh Curraghs
Ramsey
IM7 5BG

Phone

01624 897754

Fax

Mobile

07624 246347

Website

E-mail

scolvin01@hotmail.com

Facebook

SERVICES PROVIDED

Talks and animal encounters for visitors to the Curraghs Wildlife Park and organisations outside the park.

ADDITIONAL COMMENTS

Periodic newsletters.

FRIENDS OF THE HYPERBARIC CHAMBER

Manx Charity Registration No: 1051

CONTACT DETAILS

Debbie Barron - Secretary
Hyperbaric Medical Facility
Scholl Building
Peel Road
Douglas, IM1 5ED

Phone	01624 626394
Fax	
Mobile	
Website	www.hyperbaric.im
E-mail	hyperbaricsec@gmail.com
Facebook	Friends of the Hyperbaric Chamber

SERVICES PROVIDED

Our constitution is to support the work of the Isle of Man Hyperbaric Chamber (IOMHC). to provide support for individuals or groups who wish to raise funds to support the (IOMHC), to publicise and promote the work of the (IOMHC), to promote understanding of the work and the aims of the (IOMHC) through the publication of information to the general public, to work with the Trustees of the Kevin Gray Memorial Charity to support the aims of that organisation.

ADDITIONAL COMMENTS

Currently each year we are fund raising a huge sum of 65K to treat the Islands population and approx. 15000 treatment each year. The Kevin Memorial Charity have a fabulous long term plan to build a modern facility and house a new 20 person chamber along with the two current ones. This means the Friends of the Hyperbaric Chamber Charity are looking to raise in the region of £1 million to complete the project.

Volunteers are required.

FRIENDS OF THE MANX DIABETIC

Manx Charity Registration No: 894

CONTACT DETAILS

Jerry Ludford-Brooks
3 Scarlett Close
Castletown
IM9 1NY

Phone	01624 822936
Fax	
Mobile	07624 497568
Website	www.diabetes.org.im
E-mail	secretary@diabetes.org.im
Facebook	

SERVICES PROVIDED

Help with equipment and support to the Manx Diabetes Centre and diabetes carers on the Isle of Man.

ADDITIONAL COMMENTS

The Friends of the Manx Diabetic was created to ensure that all monies raised will be used exclusively on the Isle of Man for the benefit of Manx diabetics and their medical carers.

The primary aim of the group is to supply our medical carers with additional resources they may require to enable them to achieve this, our paramount objective.

The group will fight for their interests and well-being of all diabetics on the Island.

GRAIH

Manx Charity Registration No: 1012

CONTACT DETAILS

Michael Manning
The Alpha Centre
Broadway
Douglas
IM2 4EN

Phone	07624 324767
Fax	
Mobile	
Website	www.graih.org.im
E-mail	michael@graih.org.im
Facebook	@GraithHomelessCharity

SERVICES PROVIDED

Opening a lunchtime and overnight drop-in is the core of our work.

We provide hot food, emergency accommodation, washing facilities and help/advice with a wide range of issues. Also visits in the community.

Low-key, long-term, relational.

ADDITIONAL COMMENTS

Homeless and/or insecure accommodation.

We can only accommodate males over 18 but will provide help/advice to all.

Additional contacts:

Matthew Robinson – 07624 304381 (matthew@graih.org.im).

GREAT LAXEY MINE RAILWAY (LAXEY & LONAN HERITAGE TRUST)

Manx Charity Registration No: 367A

CONTACT DETAILS

Alasdair Campbell
3 Murrays Lake Drive
Douglas
IM4 2GZ

Phone	01624 670386
Fax	
Mobile	07624 460763
Website	www.laxeyminerailway.im
E-mail	a.campbell@manx.net
Facebook	@GLMR1

SERVICES PROVIDED

Steam train trips on the Heritage Railway on Saturdays from Easter until the end of September, through the only railway tunnel on the island.

ADDITIONAL COMMENTS

GRIEF RECOVERY SPECIALISTS

Manx Charity Registration No: N/A

CONTACT DETAILS

Diane Parker – 07624 472140

Diane Lewis - 07624 414522

Phone	As above
Fax	
Mobile	
Website	
E-mail	GRMSpecialistsIOM@manx.net
Facebook	

SERVICES PROVIDED

Helping anyone to deal with any kind of loss, from death, divorce, health or faith.

Free introductory talks

Programmes available are one-to-one or group meetings.

ADDITIONAL COMMENTS

Helping children with grief or pet loss.

You are unique and so is your loss.

GROUDLE GLEN RAILWAY

Manx Charity Registration No: 306

CONTACT DETAILS

Alex Brindley
8A Village Walk
Onchan
IM3 4EA

Phone	01624 670453
Fax	
Mobile	
Website	www.ggr.org.uk
E-mail	ggr@ggr.org.uk
Facebook	@GGRailway

SERVICES PROVIDED

Steam train services, driver experience sessions, private hire, café/refreshments.

Restoration and operation of a Victorian narrow gauge steam railway.

ADDITIONAL COMMENTS

Recorded timetable – 01624 670453.

GUIDE ASSOCIATION IOM – GIRLGUIDING IOM

Manx Charity Registration No: 324

CONTACT DETAILS

Karen Walker – Island Commissioner

Phone	473061
Fax	
Mobile	
Website	www.girlguiding.org.uk
E-mail	karenwalkerguiding@gmail.com
Facebook	

SERVICES PROVIDED

Girlguiding IOM is the Island's largest voluntary youth organisation comprising 65 groups catering for ages from 5 years to 26 years. We are also part of Girlguiding UK, the largest voluntary organisation in the UK for girls and young women. We offer exciting opportunities, challenges and fun for girls and young women.

ADDITIONAL COMMENTS

Volunteers required for a wide variety of roles. There are roles that are directly involved with the girls as well as those roles which involve assisting Rainbows; Guides & Ranger Units.

Working and giving girls from the age of 5 to young ladies the chance to realise their full potential.

HOME OF REST FOR OLD HORSES

Manx Charity Registration No: 620

CONTACT DETAILS

Jill Moore
Bulrhenny
Richmond Hill
Douglas
IM4 1JH

Phone	01624 674594
Fax	01624 613278
Mobile	07624 463198
Website	
E-mail	horseshome@iommail.net
Facebook	@iomhorseshome

SERVICES PROVIDED

Home for retired horses (Douglas Corporation and private owned retired horses and donkeys).

Gift shop and tea rooms.

Food for you to buy and feed to the horses.

ADDITIONAL COMMENTS

Open mid-May to mid-September, Sunday to Friday, 10am to 4pm.

Animal adoption scheme available £10 per year.

HOSPICE ISLE OF MAN

Manx Charity Registration No: 317

CONTACT DETAILS

Mrs Anne Mills – Chief Executive (anne.mills@hospice.org.im)
Mary Doyle – Head of Income Generation (mary.doyle@hospice.org.im)
Hospice Isle of Man
Strang, Douglas
IM4 4RP

Phone	01624 647400
Fax	01624 647460
Mobile	07624 335792
Website	www.hospice.org.im
E-mail	admin@hospice.org.im
Facebook	@hospiceiom

SERVICES PROVIDED

Specialist palliative care for anyone seeking or needing care and support.

Medical care, inpatients, specialist nurses, social worker, day unit and drop in days, lymphoedema, hospice at home, young person's support service, psychological support and survivorship, bereavement, rehabilitation, complementary therapies, children's hospice.

ADDITIONAL COMMENTS

Hospice Isle of Man provides specialist palliative care to residents of the Isle of Man aiming to enhance the quality of care for those facing life threatening illnesses, principally cancer.

All services are available at no cost to the patient or family and are often from diagnosis onwards.

HOSPICE SHOPS – SHARE THE CARE LIMITED

Manx Charity Registration No: 411

CONTACT DETAILS

Judith Leslie – Head of Retail
Christine Chadwick – Volunteer Co-ordinator
Unit 14, Springham Park
Spring Valley Industrial Estate
Douglas, IM2 2QU

Phone	01624 615055
Fax	01624 613423
Mobile	07624 491608
Website	www.hospiceshops.com
E-mail	stc@hospiceshops.com
Facebook	@HospiceShopsIsleofMan

SERVICES PROVIDED

7 hospice shops around the Island.
Warehouse distribution centre.
3 furniture showrooms.
Collection of donated clothes, goods and furniture.

ADDITIONAL COMMENTS

Share the Care Limited, Hospice Shops is the trading company of Hospice Care.

All shops are manned by dedicated volunteers.

All items donated are sold or recycled.

HOUSING MATTERS ISLE OF MAN

Manx Charity Registration No: 1007

CONTACT DETAILS

Katie Farrall
3 Albany Lane
Douglas
IM2 3NS

Phone	01624 675507
Fax	
Mobile	07624 302999
Website	www.housingmatters.im
E-mail	katie.farrall@housingmatters.im
Facebook	@HousingMattersiom

SERVICES PROVIDED

Housing advice and peer education.

Projects relating to homelessness and fundraising.

Free haircuts, free carpet cleaning, food assistance.

ADDITIONAL COMMENTS

ISLE OF MAN ANTI-CANCER ASSOCIATION

Manx Charity Registration No: 188

CONTACT DETAILS

Sandy Denning - Executive Officer
Unit 6B, Middle River Industrial Estate
Pulrose Road
Douglas
IM2 1AL

Phone	
Fax	
Mobile	07624 252725
Website	www.iomaca.org.im
E-mail	iomanticancer@gmail.com
Facebook	

SERVICES PROVIDED

IOM Anti-Cancer Association is involved in a variety of projects on the Island, either focused on raising awareness of cancer, or supporting those affected by cancer. Also committed to funding research into cancer, its causes and its treatment - working with organisations from the UK who are making positive steps forward in the fight against cancer.

ADDITIONAL COMMENTS

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ISLE OF MAN BREAST CANCER NOW

Manx Charity Registration No: 825

CONTACT DETAILS

Angie Aire - Chair
110 Royal Avenue
Onchan
IM3 1LF

Phone**Fax****Mobile****Website****E-mail****Facebook**

07624 498864

www.breastcancer.now.im

angie.bcnnowiom@gmail.com

@BCNowIOM

SERVICES PROVIDED

Information, support, fundraising, breast cancer awareness.

ADDITIONAL COMMENTS

Breast Cancer Now is a charity committed to fighting breast cancer through research and awareness. It has its own research centre in London where scientists aim to ultimately eradicate the disease by discovering the causes of it, finding methods of prevention and developing new treatments.

On the Isle of Man we raise awareness of breast cancer, give talks to schools and are involved in the development of cancer strategy.

Kim Makin – Secretary (07624 486538).

ISLE OF MAN CRIPPLES' GUILD

Manx Charity Registration No: 7

CONTACT DETAILS

Sue Crowe - Secretary
Ballachrink Farm
East Baldwin
IM4 5ER

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 472519

SERVICES PROVIDED

At the discretion of the trustees.

ADDITIONAL COMMENTS

All clients referred by medical practitioners.

ISLE OF MAN HEALTH AND CARE ASSOCIATION

Manx Charity Registration No: 1108

CONTACT DETAILS

Mary Monahan - Chair
12 North Quay
Douglas
IM1 4LE

Phone	01624 652571
Fax	
Mobile	
Website	
E-mail	office@iomhaca.im
Facebook	@HelpandAdvice.HealthandCare.IsleofMan

SERVICES PROVIDED

Free confidential advice and support on health and social matters.

Free complaints advisory service.

Liaison with Isle of Man health and social care providers.

ADDITIONAL COMMENTS

Our aim is to facilitate improvements in health and social care services on the Isle of Man.

ISLE OF MAN LIVE AT HOME SCHEME - DOUGLAS

Manx Charity Registration No: 1229

CONTACT DETAILS

Jan Farrell - Manager
Mike Hailwood Centre
Glencrutchery Road
Douglas, IM2 6LB

Phone	01624 627778/342602
Fax	
Mobile	07624 342602
Website	www.mha.org.uk
E-mail	douglas@liveathome.im
Facebook	@IsleOfManLiveAtHomeScheme

SERVICES PROVIDED

Services include one-to-one befriending, lunch clubs, men's group, coffee afternoons, social support for older people who live alone or are at risk of becoming isolated or lonely.

Residents within the Douglas community.

ADDITIONAL COMMENTS

Recruit volunteers to visit older members of the community within the area.

Each Live at Home scheme is owned by the local people and functions according to the local need.

Assistant Manager: Essie Montgomery 07624 311438

ISLE OF MAN LIVE AT HOME SCHEME - NORTHERN

Manx Charity Registration No: 1229

CONTACT DETAILS

Kerry Palmer (Manager) Mobile 244256
Ramsey Methodist Centre, Waterloo Road
Ramsey
IM8 1DS

Phone	01624 818015
Fax	
Mobile	07624 244256/07624 307760
Website	www.mha.org.uk
E-mail	northern@liveathome
Facebook	@IsleOfManLiveAtHomeScheme

SERVICES PROVIDED

Services include one-to-one befriending, lunch clubs, socialising, social support for elderly people who live alone or are at risk of becoming isolated or lonely, help with shopping, transport and essential visits.

Older people or those isolated and lonely within the Northern community.

ADDITIONAL COMMENTS

Recruit volunteers to visit elderly people within the area.

Each Live at Home scheme is owned by the local people and functions according to the local needs.

Anne Duggan (Assistant Manager)

ISLE OF MAN LIVE AT HOME SCHEME – EASTERN (Incorporating Laxey & Lonan)

Manx Charity Registration No: 1229

CONTACT DETAILS

Anni Pearsall (Manager)
Onchan Methodist Church
Main Road
Onchan
IM3 1AL

Phone	01624 625157
Fax	
Mobile	07624 459226
Website	www.mha.org.uk
E-mail	eastern@liveathome.im
Facebook	@onchanliveathome

SERVICES PROVIDED

Services include one-to-one befriending, lunch clubs, socialising, social support for elderly people who live alone or are at risk of becoming isolated or lonely, help with shopping, transport and essential visits.

Older people who are lonely and isolated within the Onchan community.

ADDITIONAL COMMENTS

Recruits local people to volunteer to visit older people in their homes or to run social clubs and activities within the Onchan community.
Onchan Live at Home is owned by the local people and functions according to local need.

Sarah Richardson (Assistant Manager) 07624 459227

Julia Trace (Assistant Manager) 07624 497261

ISLE OF MAN LIVE AT HOME SCHEME - WESTERN

Manx Charity Registration No: 1229

CONTACT DETAILS

Gibb Lane (Manager)
The Old Stables
Gib Lane
Peel
IM5 1PD

Phone	01624 843012
Fax	
Mobile	07624 414796
Website	www.mha.org.uk
E-mail	western@liveathome.im
Facebook	@1Westernliveathomescheme

SERVICES PROVIDED

Services include one-to-one befriending, lunch clubs, socialising, social support for elderly people who live alone or are at risk of becoming isolated or lonely, help with shopping, transport and essential visits.

Western residents covering Marown, St John's, Foxdale, Peel, Kirk Michael and Ballaugh.

ADDITIONAL COMMENTS

Recruits local volunteers to visit elderly people within the community or to run social groups according to local need.

Teresa Stimpson (Assistant Manager) 07624 210689

ISLE OF MAN TOWNSWOMEN'S GUILD

Manx Charity Registration No: 821

CONTACT DETAILS

Pauline Richardson
Slieau Aalin
Belmont Hill
Douglas
IM1 4NX

Phone	01624 624434
Fax	
Mobile	07624 479375
Website	
E-mail	pvrichardson@manx.net
Facebook	

SERVICES PROVIDED

Social events – speakers, lunches, study groups, rambling.

Monthly meetings.

ADDITIONAL COMMENTS

Three guilds on the Island – Douglas (evening), Mannin (afternoon) and Peel.

ISLE OF MAN WOODLAND TRUST

Manx Charity Registration No: 920

CONTACT DETAILS

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Phone Fax Mobile Website E-mail Facebook	www.woodlandtrust.im @IsleOfManWoodlandTrust
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SERVICES PROVIDED

The Isle of Man Woodland Trust plants trees wherever it is given the opportunity to create new areas of trees or woodlands on the Island.

We promote the protection and care of trees where possible, and encourage their planting to rebalance the natural tree cover on the Island which has largely been stripped over the many centuries of human habitation.

ADDITIONAL COMMENTS

The present cover by native trees is just 1.7% of the land surface.

JOEY DUNLOP FOUNDATION

Manx Charity Registration No: 842

CONTACT DETAILS

Gilly Keown
Braddan Bridge House
Peel Road
Braddan
IM4 4NT

Phone	01624 677741
Fax	
Mobile	07624 497160
Website	www.joeydunlopfoundation.com
E-mail	info@joeydunlopfoundation.com
Facebook	@joeydunlopfoundation

SERVICES PROVIDED

To provide level access accommodation at affordable prices to disabled holiday visitors/tourists.

ADDITIONAL COMMENTS

Office hours: Monday to Friday (Winter) 10am to 12 noon
(Summer) 9am to 1pm

Please leave a message on the answer phone and we will get back to you as soon as possible.

Package holidays available via www.steampacketholidays.com.

JUNIOR ACHIEVEMENT ISLE OF MAN

Manx Charity Registration No: 665

CONTACT DETAILS

Sue Cook
Suite 2, Peterson House
Middle River Industrial Estate
Douglas
IM2 1AL

Phone	01624 666266
Fax	
Mobile	
Website	www.jaiom.im
E-mail	enquiries@jaiom.im
Facebook	@juniorachievementisleofman

SERVICES PROVIDED

Volunteer-led careers education within schools and colleges.

ADDITIONAL COMMENTS

Junior Achievement provides specialist materials and lesson plans to teach young people financial literacy, skills for employability and entrepreneurship. Volunteers are then trained to deliver these programmes to students.

KEVIN GRAY MEMORIAL CHARITY LIMITED

Manx Charity Registration No: 360

CONTACT DETAILS

Robin Hynes - Secretary
Snaefell Surgery
Cushag Road
Anagh Coar
IM2 2BZ

Phone	01624 626394
Fax	01624 670289
Mobile	
Website	www.hyperbaric.im
E-mail	enquiries@hyperbaric.im
Facebook	

SERVICES PROVIDED

The provision of hyperbaric oxygen treatment to the people of the Isle of Man in accordance with BMA guidelines.

ADDITIONAL COMMENTS

Contact details for Secretary:
01624 686961.
robin.hynes@gov.im.

LEONARD CHESHIRE DISABILITY

Manx Charity Registration No: 669

CONTACT DETAILS

Helaina Crawford – Volunteer Co-ordinator
Willow House
61 – 69 Main Road
Onchan
IM3 1AJ

Phone	01624 679030
Fax	01624 679031
Mobile	07624 372439
Website	www.leonardcheshire.org
E-mail	helaina.crawford@leonardcheshire.org
Facebook	@LCDIoMVolunteers

SERVICES PROVIDED

For adults with physical disabilities (18 – 65 years).
Supported Independent Living accommodation.
Outreach Services – Island wide, assisting service users to access the wider community.
Technician Service – fitting small aids/adaptations into people's homes.
Volunteers – supporting service users with interests/hobbies.
Computer Drop in Centre, assisting service users and the general public with computers. Free Wi-Fi, printing/scanning facilities.

ADDITIONAL COMMENTS

Leonard Cheshire is an international charity working with people with disabilities in 52 countries.

Service Manager - Keith Fitton (07624 486636).
Supported Living Service - Thie Quinney, Fairfield Avenue, Ramsey, IM8 2LS.

LIONS CLUB OF THE ISLE OF MAN

Manx Charity Registration No: 637

CONTACT DETAILS

Mr G Snape
Cooill-ny-Greiney
Ballagale Close
Surby, Port Erin
IM9 6QL

Phone

01624 661838

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

For any member of the Manx public in need of financial assistance.

ADDITIONAL COMMENTS

MACULAR SOCIETY ISLE OF MAN

Manx Charity Registration No: 1123

CONTACT DETAILS

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Phone Fax Mobile Website E-mail Facebook	
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SERVICES PROVIDED

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ADDITIONAL COMMENTS

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MANN CAT SANCTUARY

Manx Charity Registration No: 705

CONTACT DETAILS

Sue Critchley
Ash Villa
Santon
IM4 1EE

Phone	01624 824195
Fax	
Mobile	
Website	www.manncat.com
E-mail	cats@manncat.com
Facebook	@MannCatSanctuary

SERVICES PROVIDED

Welfare of unwanted cats and kittens.

ADDITIONAL COMMENTS

Mann Cat Sanctuary believes that all the cats we receive need compassion, understanding, care and tlc, but most of all the ability to run free.

MANX ASTHMA ASSOCIATION

Manx Charity Registration No: 402

CONTACT DETAILS

David Saunders - Chair
10 Reayrt-ny-Chrink
Crosby
IM4 2EA

Phone

01624 852577

Fax

Mobile

Website

E-mail

saundersdavid@manx.net

Facebook

SERVICES PROVIDED

For asthmatics and their relatives.

ADDITIONAL COMMENTS

MANX AVIATION PRESERVATION SOCIETY

Manx Charity Registration No: 827

CONTACT DETAILS

Mr Ivor Ramsden
c/o 47 Fuschia Grove
Ballasalla
IM9 2DT

Phone	01624 822695
Fax	
Mobile	07624 454596
Website	www.maps.org.im
E-mail	airmuseum@manx.net
Facebook	@mamm.iom

SERVICES PROVIDED

The charity operates the Manx Aviation and Military Museum at Ronaldsway Airport. The museum covers the story of Manx aviation and the 20th century military history of the island and its people. It provides a valuable educational resource for local schools and a place of interest for the casual visitor and for the serious researcher.

ADDITIONAL COMMENTS

Our prime requirement is for volunteers to interact with our visitors in our reception/shop area during our opening hours which are 10.00am until 4.30pm every weekend, plus daily opening between TT Practice Week and September 30th.

MANX BAT GROUP

Manx Charity Registration No: 443

CONTACT DETAILS

Bob Moon - Secretary
Sue Pinder - Treasurer
Nick Pinder - Chair
Richard Selman – DEFA Liaison Officer

Phone	01624 612067
Fax	
Mobile	07624 366177 (bat helpline)
Website	www.manxbatgroup.org
E-mail	treasurer@manxbatgroup.org
Facebook	@ManxBatGroup

SERVICES PROVIDED

Public talks, bat walks and educational activities.
Wildlife surveys, roost visits, support and advice to roost owners and the general public on all matters relating to bats.
Operation of a telephone helpline and the care and rehabilitation of grounded and injured bats.
Investigation, study and recording of bats.

ADDITIONAL COMMENTS

The objectives of the group are to promote the knowledge, study, conservation and welfare of bats in and around the Isle of Man.
Active across a broad front by engaging with the Manx public, statutory bodies and other conservation organisations both in the Isle of Man and further afield.
A partner group to the UK's Bat Conservation Trust, affiliated to the British Trust for Conservation Volunteers and full members of the Manx Wildlife Conservation Forum. The Manx Bat Group welcomes volunteers.

MANX BIRDLIFE

Manx Charity Registration No: 711

CONTACT DETAILS

Neil Morris
35 New Road
Laxey
IM4 7BG

Phone	01624 861130
Fax	
Mobile	
Website	www.manxbirdlife.im
E-mail	neilgmorris@manxbirdlife.im
Facebook	@ManxBirdLife

SERVICES PROVIDED

Ornithological research.

Conservation science.

Public reporting of bird sightings/queries over identification.

ADDITIONAL COMMENTS

Manx Birdlife was established in 1997 under the name Manx Bird Atlas.

MANX BLIND WELFARE SOCIETY

Manx Charity Registration No: 132

CONTACT DETAILS

Ian Cooil
Corrin Court
Heywood Avenue
Onchan
IM3 4AP

Phone	01624 674727
Fax	01624 675912
Mobile	
Website	
E-mail	enquiries@mbws.org.im
Facebook	@ManxBlindWelfareSociety

SERVICES PROVIDED

Emotional support; local talking newspaper; specialist equipment; luncheon clubs; audio library; sporting activities; off Island holidays; befriending; welfare assistance; IT training; arts and crafts; public training and awareness raising.

ADDITIONAL COMMENTS

Support services for blind and visually impaired people of all ages on the Island.

Office is open Monday to Friday, 9am to 5pm.

Wheelchair accessible, parking for disabled, all Island transport offered where possible.

We often work in partnership with the RNIB and DHSC and try to provide an as comprehensive as possible service for the Island's visually impaired.

MANX CANCER HELP

Manx Charity Registration No: 1024

CONTACT DETAILS

Andrea Chambers
The Lisa Lowe Centre, The Old Schoolhouse
Cronkbourne Village
Tromode
IM4 4QH

Phone	01624 679544
Fax	
Mobile	
Website	www.thecentre.im
E-mail	info@thecentre.im
Facebook	@ManxCancerHelp

SERVICES PROVIDED

For anyone on the Isle of Man affected by a cancer diagnosis – this could be the patient, their family, friends, colleagues or carer.

Provide one-to-one and group psychological therapies to help people find ways to cope during the most difficult circumstances.

ADDITIONAL COMMENTS

Our mission is to empower people to achieve the best possible quality of life during the most difficult time of their lives.

MANX CARRIAGE DRIVING 4 DISABLED

Manx Charity Registration No: 1172

CONTACT DETAILS

Carol Galloway – Secretary
Stonehaven
Main Road
Union Mills
IM4 4LW

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 332431

www.mcd4d.org

info@mcd4d.org

@MCD4D

SERVICES PROVIDED

Carriage driving sessions for any individual with a disability.

ADDITIONAL COMMENTS

Sessions are provided on Fridays and some Sundays.

Manx Carriage Driving 4 Disabled is a member group of RDA UK.

MANX CITIZEN'S ADVICE SERVICE - DOUGLAS

Manx Charity Registration No: 996

CONTACT DETAILS

Robin Turton - Chair
Room 3, Methodist Church
Loch Promenade
Douglas
IM1 2LY

Phone	01624 626863
Fax	
Mobile	
Website	
E-mail	robin.unisoniom@wm.im
Facebook	

SERVICES PROVIDED

Wide ranging help, advice and sign posting for the Manx public.

ADDITIONAL COMMENTS

Opening times:

Tuesday – 12.30pm to 3pm.

Friday – 10am to 12.30pm.

Douglas Loch Promenade Church.

MANX CITIZEN'S ADVICE SERVICE - RAMSEY

Manx Charity Registration No: 256

CONTACT DETAILS

Hamish Killip/Joy Brew
4 Bourne Concourse
Peel Street
Ramsey
IM8 1JJ

Phone	01624 813466
Fax	
Mobile	
Website	
E-mail	citizens@manx.net
Facebook	

SERVICES PROVIDED

To advise any clients with problems and difficulties who approach the service, in person or by phone.

ADDITIONAL COMMENTS

Opening times:
Monday – 10am to 1pm.
Tuesday – 10am to 1pm.
Wednesday – 1pm to 4pm.
Thursday – 1pm to 4pm.
Friday – 1pm to 4pm.

4 Bourne Concourse, Peel Street, Ramsey.

MANX CITIZEN'S ADVICE SERVICE – SOUTHERN BRANCH

Manx Charity Registration No: 283

CONTACT DETAILS

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Phone Fax Mobile Website E-mail Facebook	01624 833976 (office)
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SERVICES PROVIDED

Wide ranging help/advice with any problem or difficulty.
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ADDITIONAL COMMENTS

Opening times: Every Friday – 10.30am to 12.30pm. The Rosien, Castletown Road, Port St Mary.
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MANX COURTS MISSION

Manx Charity Registration No: 78

CONTACT DETAILS

David Gawne
Derby House
35-36 Derby Square
Douglas
IM1 3LW

Phone

01624 678212

Fax

Mobile

Website

E-mail

david.gawne@isleofman.com

Facebook

SERVICES PROVIDED

To promote the spiritual and material welfare of people who have been involved with the judicial system.

Provides assistance for offenders and their families.

ADDITIONAL COMMENTS

To assist anyone on their release from detention.

Applications must be made by professionals involved with the applicant.

MANX DEAF SOCIETY

Manx Charity Registration No: 232

CONTACT DETAILS

Lucy Buxton – Communication and Support Manager
3 Somerset Road
Douglas
IM2 5AD

Phone	
Fax	
Mobile	07624 202875
Website	iomdeafsociety@gmail.com
E-mail	
Facebook	@manxdeafsociety

SERVICES PROVIDED

Weekly social environment for members at headquarters.

Social gatherings, outings and holidays in the UK and abroad for sign language users.

We have a range of equipment for people with hearing loss which we are able to demonstrate and lend out to them in their homes.

We also provide lip-reading classes for adults with hearing loss and deaf awareness training for charities, voluntary organisations and businesses.

ADDITIONAL COMMENTS

We are always looking to recruit volunteers with or without signing skills as we are able to offer signing classes. Please note, however, that these are not held on a regular basis.

MANX DIABETIC GROUP

Manx Charity Registration No: 415

CONTACT DETAILS

Joanne Clague – Chair (joclague@gmail.com)

St Nicholas House

Breeze Hill

Laxey

IM4 7DL

Phone

Fax

Mobile

Website

E-mail

Facebook

07624 492955

www.manxdiabeticgroup.im

manxdiabeticgroup@gmail.com

@ManxDiabeticGroup

SERVICES PROVIDED

Support for diabetics.

Provision of equipment and information to medical staff in the Diabetic Centre at Noble's Hospital, and other health professionals.

ADDITIONAL COMMENTS

Twitter: @DiabetesIOM.

Janet Clarkson – Secretary (janet.clarkson@ccjgroup.co.uk)

80 Fairways Drive

Mount Murray

Braddan

IM4 2JF.

07624 420300.

MANX DYSLEXIA ASSOCIATION

Manx Charity Registration No: 706

CONTACT DETAILS

Chrissie Watson
Anne Corkill

Phone

Fax

Mobile

Website

E-mail

Facebook

www.manxdyslexia.com

manxdyslexia@gmail.com

SERVICES PROVIDED

Advice and support via workshops, website and annual conference for dyslexics and their families, schools, teachers and other institutions.

Facebook Group: Manx Dyslexia Association

ADDITIONAL COMMENTS

The MDA aims to promote the recognition of dyslexia (or specific learning difficulties) as a condition that requires support and special educational strategies ensuring that dyslexic learners are given the opportunity to fulfil their potential, and that the particular strengths are recognised and accommodated for.

MANX EATING DISORDER SUPPORT

Manx Charity Registration No: 1097

CONTACT DETAILS

Georgie Shelley – Co-Founder/Trustee
Hampton Croft
Clannagh Road
Santon
IM4 2HP

Phone Fax Mobile Website E-mail Facebook	07624 330922 (evening/weekends) manxedsh@hotmail.co.uk @manxeatingdisorders
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SERVICES PROVIDED

One-to-one counselling support. These sessions can help individuals overcome emotional difficulties and change unhelpful patterns of thought and behaviour. Counselling support is also offered to carers, as eating disorders can affect not just the individual but the whole family. Support is also offered to teenagers under the age of 18. We also offer occasional support groups for individuals with eating disorders. We can provide information on sources of help and the treatment available locally.

ADDITIONAL COMMENTS

Appointments are held at a convenient central Douglas location outside working hours on Monday and Wednesday evenings.

No referral is needed, please phone or email us for an appointment. Confidentiality is maintained at all times.

We have given talks in schools and to youth workers, and also public presentations about eating disorders.

MANX GATEWAY CLUB

Manx Charity Registration No: 291

CONTACT DETAILS

Jane Fox - Secretary
7 Hedgerow Close
Braddan
IM2 1NH

Phone	01624 673591
Fax	
Mobile	
Website	
E-mail	
Facebook	@manxgatewayclub

SERVICES PROVIDED

Regular club meetings on Tuesdays (ring for details) designed to help and advance personal development and give more independence to those with learning disability.

ADDITIONAL COMMENTS

Aims of the charity: to help and advance personal development and give more independence to those with learning disability.

Club Organiser: John Quayle – 01624 627450.

Chairman: Geoff Karran – 676033 e-mail: karran@manx.net

MANX HEART SUPPORT GROUP

Manx Charity Registration No: 788

CONTACT DETAILS

Win Kewley - Secretary
Viv Ward - Chair
13 Bowness Close
Lakeside Gardens
Onchan, IM3 2DJ

Phone

01624 611273

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

Advice and support to people with heart problems and their carers.

Monthly meetings second Tuesday in the month at Keyll Darree, Noble's Hospital.

Speakers, walks, etc.

ADDITIONAL COMMENTS

Aims of the charity: To provide advice and support for anyone with heart problems and their carers.

Monthly meetings in a friendly environment.

Facebook Group: Manx Heart Support Group.

MANX MENCAP

Manx Charity Registration No: 206

CONTACT DETAILS

Di O'Brien - Administrator
Centre 21
Greenfield Road
Douglas
IM2 6ED

Phone	01624 677289
Fax	
Mobile	
Website	
E-mail	mencap@manx.net
Facebook	@mencapiom

SERVICES PROVIDED

Welfare and advice for people with learning difficulties and their families throughout the Island.

Activities.

ADDITIONAL COMMENTS

Aims of charity: to serve the interest of people with learning disabilities throughout the Island and their families.

Office open Mondays and Thursdays 10am to 3pm.

Edna Ainge - Chair.

MANX MUSCULAR DYSTROPHY BRANCH

Manx Charity Registration No: 526

CONTACT DETAILS

Martin Cannell - Treasurer
Anne Cannell - Chair
61 Westhill
Castletown
IM4 1HY

Phone	01624 861715
Fax	
Mobile	
Website	
E-mail	smcannell@manx.net
Facebook	

SERVICES PROVIDED

Support for clients and families who have muscular dystrophy.

Fund raising events for research and welfare funds.

Branch meetings approximately every three months.

ADDITIONAL COMMENTS

The aims of the Manx Muscular Dystrophy branch are to offer support to children, adults and their families who are affected in any way. The group provides information and has access to the national organisation; money is raised for research and for help locally in providing items for clients where there is no statutory provision.

We can facilitate access to conferences in the UK.

MANX RETIREMENT ASSOCIATION

Manx Charity Registration No: 807

CONTACT DETAILS

Howard Parkin - Director
West House
West Street
Ramsey
IM8 1AE

Phone	01624 817007
Fax	
Mobile	
Website	www.manxretirement.org
E-mail	mra@manx.net
Facebook	

SERVICES PROVIDED

Social events programme providing lunches, coffee mornings, visits, monthly walk and special interest groups in different venues across the Island for retired or semi-retired Isle of Man residents.

ADDITIONAL COMMENTS

We are the Island's largest social group for retired/semi-retired people with over 300 members, all of whom can enjoy taking part in more than 200 social activities every year.

**MANX SOCIETY FOR THE PREVENTION OF CRUELTY TO
ANIMALS (ManxSPCA)**

Manx Charity Registration No: 26A

CONTACT DETAILS

Jane O'Connor
Ard Jerkyll
East Foxdale
IM4 3HL

Phone	01624 851672
Fax	01624 852923
Mobile	
Website	www.manxspca.com
E-mail	info@manxspca.com
Facebook	@ManxSPCA

SERVICES PROVIDED

Re-homing centre for animals.
Rescue centre involving rescue for the whole of the Island.
Animal welfare and cruelty.
Educational visits.
Dog boarding.

ADDITIONAL COMMENTS

The ManxSPCA is a charity which aims to help the animals on the Isle of Man in many ways such as rescues and re-homing.

We are always looking for volunteers who may have some spare time to help the many animals we always have in our care. Volunteers must have an interest in animals.

MANX WILD BIRD AID
Manx Charity Registration No: 1228

CONTACT DETAILS

David Cole (Secretary)
11 Victoria Road
Castletown
IM9 1EN

Phone	07624 247666
Fax	
Mobile	07624 473582
Website	info@manxwildbirdaid
E-mail	info@manxwildbirdaid
Facebook	Manx wild bird rehabbers

SERVICES PROVIDED

The care and rehabilitation of sick, injured or orphaned wild birds.
Temporary homing of wild birds before their release and then ongoing support.
Collection and transport of wild bird to a vet.

ADDITIONAL COMMENTS

We are recruiting additional volunteers for these tasks:
Collecting and transporting birds to a vet
Feeding young birds
Medicating birds (as per vet's instruction)
Having a 'soft release' aviary to allow birds to acclimatise to the wild
Please note, we are not a rescue organisation.

MANX WILDLIFE TRUST

Manx Charity Registration No: 225

CONTACT DETAILS

Duncan Bridges
7-8 Market Place
Peel
IM5 1AB

Phone	01624 844432
Fax	
Mobile	
Website	www.manxwt.org.uk
E-mail	enquiries@manxwt.org.uk
Facebook	@ManxWildlifeTrust

SERVICES PROVIDED

The Trust is the leading, fully independent nature conservation charity on the Island. One of our main aims is to acquire and manage nature reserves and safe sites for wildlife, conserving some of the best habitats on the Isle of Man.

We are also committed to providing environmental education and awareness to local children.

ADDITIONAL COMMENTS

MANX WORKSHOP FOR THE DISABLED

Manx Charity Registration No: 320

CONTACT DETAILS

Peter Hindley
Ballakermeen Road
Douglas
IM1 4BL

Phone	01624 620149
Fax	01624 662516
Mobile	
Website	www.mwfd.co.im
E-mail	info@mwfd.co.im
Facebook	@manxworkshop

SERVICES PROVIDED

Provides employment for people who, because of their disability, are unable to obtain employment in the open market but are capable of doing work of substantial economic value under sheltered conditions and hopefully obtain skills and self-confidence.

ADDITIONAL COMMENTS

The workforce specialises in light assembly, engraving, name plates, front panels, clocks, house signs, pens, awards and trophies.

We also have a new metal cutting laser machine.

ME SUPPORT IoM

Manx Charity Registration No: 381

CONTACT DETAILS

Celia Marshall (Chair)
16 Banks Howe
Onchan
IM3 2ET

Phone

07624 383871

Fax

Mobile

www.mesupportiom.info

Website

enquiries@mesupportiom.info

E-mail

Facebook

SERVICES PROVIDED

Support, island wide, for all persons who have ME, CFS or FMS covering all age groups.

Monthly meetings.

Supply support and a chat with tea or coffee.

ADDITIONAL COMMENTS

We offer support either in person or over the phone.

We aim to promote the awareness and recognition of this disabling condition and emphasise the need for research.

Volunteer contact: Celia Marshall (Chair) 07624 460965 or 01624 621925,
email celia@manx.net

MOOINJER VEGGEY
Manx Charity Registration No: 793

CONTACT DETAILS

Hannah Shimmin
Pretoria, Four Roads
Port St Mary
IM9 5LH

Phone	01624 870078
Fax	
Mobile	07624 439491
Website	www.mooinjerveggy.org.im
E-mail	admin@mooinjerveggy.org.im
Facebook	@Mooinjer Vegger

SERVICES PROVIDED

Manx Gaelic pre-school nurseries for children aged 2 to 4 years at Braddan and Ballasalla.

ADDITIONAL COMMENTS

Aims of the charity: to promote Manx Gaelic to children.

MOTIV8 ADDICTION SERVICES

Manx Charity Registration No: 275

CONTACT DETAILS

Thea Ozenturk
Rosemary House
Mount Havelock
Douglas
IM1 2QG

Phone	01624 627656
Fax	01624 610205
Mobile	07624 414240
Website	www.motiv8.im
E-mail	aas@iom.com
Facebook	@www.motiv8.im

SERVICES PROVIDED

Free and confidential counselling for alcohol, drug and gambling misuse for problem drinkers, drug users, gamblers, family members and significant others.

Advice on education, information, training and resources.

Daytime and evening appointments. Home visits can be arranged Island wide (all ages).

SMART Recovery Champions.

ADDITIONAL COMMENTS

MOTOR NEURONE DISEASE ASSOCIATION ISLE OF MAN
Manx Charity Registration No: 605

CONTACT DETAILS

Christine Pain – Secretary and Association Visitor
Alpines
Curragh Road
St Johns
IM4 3LN

Phone	01624 801355
Fax	
Mobile	07624 494966 (Chair & Treasurer)
Website	www.mndassociation-iom.org
E-mail	mndassociation@manx.net
Facebook	

SERVICES PROVIDED

Support, advice and loan of equipment free of charge for those living with, or affected by, Motor Neurone Disease.

Services offered immediately when advised by professionals in the medical area – eg, Speech Therapist, Physiotherapist etc.

Meetings – contact as above.

ADDITIONAL COMMENTS

Aims of charity: to bring support, advice and practical help to those living with MND and their carers.

To offer equipment - loan scheme at no charge.

Anne Duggan – Chair. & Treasurer.

MULTIPLE SCLEROSIS SOCIETY ISLE OF MAN BRANCH
Manx Charity Registration No: 254

CONTACT DETAILS

Derek Patience – Chair
3 Cronk Drean
Douglas
IM2 6AY

Phone	01624 670127
Fax	
Mobile	07624 480755
Website	www.mssociety.org.uk
E-mail	derekpatience@hotmail.com
Facebook	MSSocietyIOM

SERVICES PROVIDED

- Funding of a Support Officer to provide care, assistance and guidance to those with MS, their families or carers.
- Providing grants for essential home modifications, mobility aids or for other specialist equipment.
- Organising and fund weekly exercise classes, including Yoga, Pilates and chair based exercise classes.
- Arranging regular social events (Wheel & Walk, abseil, Zumba, etc)
- Liaising with health professionals to discuss and help meet the unique needs of MS patients.

ADDITIONAL COMMENTS

Volunteers needed to assist the Support Worker and to help our committee to organise events.

John Coyle – Secretary.
Andrew Cardwell – Treasurer.

NEIGHBOURHOOD WATCH ASSOCIATION ISLE OF MAN
Manx Charity Registration No: 380

CONTACT DETAILS

Glenda Corkish
Ballaglass
Eleanora Drive
Douglas
IM2 3NN

Phone	01624 672251
Fax	
Mobile	07624 476357
Website	
E-mail	
Facebook	@neighbourhoodwatchiom

SERVICES PROVIDED

Help to eliminate crime, encourage community spirit, and help one another.

ADDITIONAL COMMENTS

We are always looking for committee members.

OSTEOPOROSIS SOCIETY – ISLE OF MAN GROUP

Manx Charity Registration No: 771

CONTACT DETAILS

Thelma Lomax
5 Abbeywoods
Ballanard Road
Douglas
IM2 5PL

Phone

01624 676694

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

Information and support for sufferers of osteoporosis.

Self-help groups and lectures.

ADDITIONAL COMMENTS

Self-help groups meet four times a year. Medical lectures arranged once a year.

Newly diagnosed are contacted and given information.

We meet with GPs and the DEXA team for updates.

We raise funds to purchase equipment for the hospital.

OXFAM

Manx Charity Registration No: N/A

CONTACT DETAILS

Damien Baker – Shop Manager
10 Castle Street
Douglas
IM1 2EU

Phone	01624 677220
Fax	
Mobile	
Website	www.oxfam.org.uk
E-mail	oxfamshopf1026@oxfam.org.uk
Facebook	@oxfamisleofman

SERVICES PROVIDED

Fairtrade food, cards and gifts.

Second hand/donated clothing, bags, hats, scarves, shoes, DVDs/music, glassware and many categories of books.

ADDITIONAL COMMENTS

Only good quality clothing is sold in Oxfam.

Our friendly team of volunteers always welcome customers and are available to help, support and provide for whatever they request.

Registered no. 202918.

PARENT2PARENT

Manx Charity Registration No: 1187

CONTACT DETAILS

Lorna Fairclough – Director
34 Royal Park
Ramsey
IM8 3UF

Phone	
Fax	
Mobile	07624 240999
Website	
E-mail	parent2parentfamilies@gmail.com
Facebook	@parent2parentiom

SERVICES PROVIDED

Psychological therapies, parenting skills, behavioural issues, phobias, crisis management, research, family support, training, group or individual support etc, child, adolescent, teenager and young adult therapies, one-to-one counselling and support.
24/7 support line – 07624 240999.

ADDITIONAL COMMENTS

All families face trials and tribulations but sometimes they need a little help.
A charity has been set up on the Isle of Man that is here to help when things get tough offering a space for you to explore your issues and problems.
Parent2Parent is a charity set up by parents like you and who know first-hand what it is like when things are not going well. Parent2Parent does not just treat the symptoms but helps you along the road to a more stable and less stressful family life.

PARKINSON'S DISEASE SOCIETY ISLE OF MAN

Manx Charity Registration No: 1157

CONTACT DETAILS

Pamela Shimwell-Mayo MBE – Chair (438878)
Fiona Shimwell – Secretary (495669 or 309409)

Phone	
Fax	
Mobile	07624 309409
Website	www.parkinsons.im
E-mail	info@parkinsons.im
Facebook	@caring for PDS sufferers

SERVICES PROVIDED

We help provide support and information for sufferers of Parkinson's and their carers on the Isle of Man.
Drop-in-Days (with a light lunch and tea & coffee) are held on the 4th Tuesday of every month from 11am to 3pm at either the Mount Murray Golf Club or Palace Hotel, Douglas. (See website for details or contact us via our Facebook page or by telephone).

ADDITIONAL COMMENTS

Our voluntary society offers support, advice and practical help to those living with Parkinson's disease on the Island. We're always looking for volunteers who can help at Drop-in days or fundraising activities or maybe start a fundraising committee. Always looking for speakers who can attend Drop-in's or anyone with any talent or ability that they think might help suffers or their carers on the island.
Welfare : Mary Kneen – 01624 628441 or 07624 481759
PDS Nurse: Sue Lawley – 01624 642676. Email susan.lawley@gov.im
Treasurer: Olivia Mackenzie – 01624 622094

PAWS FOR THERAPY (ISLE OF MAN)

Manx Charity Registration No: 993

CONTACT DETAILS

Mary Sims – Chair/Pamela Kelly - Treasurer
Barroose House
Baldrine
IM4 6AR

Phone	
Fax	
Mobile	07624 497870/07624 492934
Website	www.pawsfortherapy.org.im
E-mail	info@pawsfortherapy.org.im
Facebook	Paws For Therapy Isle of Man

SERVICES PROVIDED

Therapeutic visits with friendly, calm and temperament assessed animals to anywhere that animal contact can make a connection and a difference. Provide some temporary relief and company/companionship, help overcome fears, worries and phobias.

Service users include: nursing/residential homes, hospice, Rebecca House, special needs school and units, mainstream schools, dog-phobic children and adults, PHAB Club, day care units, Children's Centre, stroke patients.

ADDITIONAL COMMENTS

We are always looking for new volunteers, both people with pets who have time to visit and have a suitable animal for visiting. The animal must have been with the owner for at least six months. Volunteers with no animals are also required to help on promotional stands at shows around the Island.

We can provide the animals for you to fuss!
All visiting volunteers are DBS checked.

PHAB YOUTH CLUB

Manx Charity Registration No: N/A

CONTACT DETAILS

Voirrey Kennaugh
Youth Office, Hamilton House
Peel Road
Douglas
IM1 5EZ

Phone	01624 686057
Fax	
Mobile	
Website	
E-mail	v.kennaugh@doe.gov.im
Facebook	

SERVICES PROVIDED

Youth club for 10 – 21 year olds.

Pool, Playstations, X Box, board games, quizzes, arts and crafts, cookery, karaoke.

Offsite activities organised occasionally.

ADDITIONAL COMMENTS

The PHAB aim is to promote and encourage people with and without physical disabilities to come together on equal terms, to achieve complete integration within the wider community.

7pm to 9pm every Tuesday (term-time), Cronk y Berry School, Hailwood Avenue, Douglas.

PISCES SWIMMING CLUB

Manx Charity Registration No: 314

CONTACT DETAILS

Barry Dulson
17 Hillberry Close
Glen Park
Douglas
IM2 6HP

Phone	01624 627521
Fax	
Mobile	07624 494761
Website	
E-mail	barry.dulson@manxtelecom.com
Facebook	

SERVICES PROVIDED

Warm therapeutic pool used for swimming, training, physiotherapy, recuperation, recreation and water confidence predominantly for people with mental and physical disabilities.

Meeting twice a month Monday evenings from 6.45pm – 7.45pm during school term at Glencrutchery Pool, Douglas.

ADDITIONAL COMMENTS

Aims of charity: All ages, physical conditions and disabilities are catered for. Great relaxation for people with severe disabilities.

Social members also welcome for annual events.

PRAXIS CARE GROUP
Manx Charity Registration No: 826

CONTACT DETAILS

Kim Braley - Manager
Vivian Osei/Stephanie Harper – Admin Officers
35 Hope Street
Douglas
IM1 1AR

Phone	01624 619803
Fax	01624 618295
Mobile	
Website	www.praxisprovides.com
E-mail	adminiom@praxiscare.org.uk
Facebook	

SERVICES PROVIDED

Services for clients with a mental illness or learning disability.

Home Support (Island wide).

Accommodation in Douglas (mental health) and Ramsey (learning disabilities).

Sunday lunch clubs (Island wide).

ADDITIONAL COMMENTS

Empowering adults and children with mental ill health, learning disability or acquired brain injury to enjoy everyday living, irrespective of the complexity of their needs.

RELATE ISLE OF MAN

Manx Charity Registration No: 470A

CONTACT DETAILS

2 Fairfield Terrace
Tynwald Street
Douglas
Isle of Man
IM1 1BE

Phone

01624 623902

Fax

01624 623114

Mobile

Website

www.relate.org.uk

E-mail

relate@mcb.net

Facebook

SERVICES PROVIDED

Individuals, couples and same sex relationship counselling for all adults over the age of 16.
Sex therapy counselling.
Young people's counselling.
Family counselling.
Pre-marital counselling.
Separation/divorce counselling.

ADDITIONAL COMMENTS

Personal and social relationships are important in our everyday lives and are central to our wellbeing. Relate's vision is a future in which healthy relationships form the heart of a thriving society by delivering inclusive, high-quality services that are relevant at every stage of life.

Our mission is to develop and support healthy relationships by helping couples, families and individuals to make relationships work better.

RNLI PORT ERIN
Manx Charity Registration No: 277

CONTACT DETAILS

Chris Burton – Lifeboat Operations Manager
Devonshire House
St Mary's Road
Port Erin
IM9 6JJ

Phone	01624 834241
Fax	
Mobile	07624 496057
Website	
E-mail	csburton@manx.net
Facebook	

SERVICES PROVIDED

Emergency sea rescue for the general public.

ADDITIONAL COMMENTS

Meetings once every two months.

Always looking for fundraising volunteers, volunteer shop manning, part-time volunteer administration support for the office.

ROYAL NATIONAL INSTITUTE OF BLIND PEOPLE

Manx Charity Registration No: 1109

CONTACT DETAILS

Julie Lee – Senior Rehabilitation Officer
Corrin Court
Heywood Avenue
Onchan
IM3 3AP

Phone	01624 677626
Fax	
Mobile	07624 480964
Website	www.rnib.org.uk
E-mail	julie.lee@rnib.org.uk
Facebook	

SERVICES PROVIDED

A rehabilitation service, Low vision service and the provision of an Eye Clinic Liaison Officer at Nobles Hospital and Ramsay Cottage hospital.

The Resource Centre is open Monday to Friday 10am to 4pm.

ADDITIONAL COMMENTS

Services include information on eye conditions, the registration process, benefit entitlement and signposting to other services. Rehabilitation training in daily living skills, mobility and communication. Sight awareness training for those who work with, or provide services for, people with sight loss. Advice on access to the built environment. Information on issues or campaigns relevant to the visually impaired community. Access to an Eye Clinic Liaison Officer at Nobles and Ramsay Cottage Hospital, offering support, information and advice.

SAFE, STRONG, SECURE – 3S

Manx Charity Registration No: 1133

CONTACT DETAILS

Tam Wedgwood – Treasurer, Co-founder
Marcia Brabbs – Chair, Co-founder
c/o The Alpha Centre
Broadway, Douglas
IM2 4EN

Phone	
Fax	
Mobile	07624 383050
Website	3s@safestrongsecure.im
E-mail	marcia@safestrongsecure.im
Facebook	@SafeStrongSecure3s

SERVICES PROVIDED

3S is a support group for victims of abuse, people who choose to abuse, their families and the Isle of Man community.
Our services include (but are not limited to) emotional support, practical help with housing, emergency accommodation and supplies, furniture, referrals for legal advice, court support, and training and education in recognising abuse, how to respond to it and how to have healthy relationships in all areas of life.

ADDITIONAL COMMENTS

Aims: to increase public awareness of abuse; provide emotional and practical support; be a listening ear; provide information and training to victims, people who choose to abuse, families, professionals and the public; change the image of “victims” to survivors; end the taboo of silence and shame surrounding abuse.

SAILING FOR THE DISABLED

Manx Charity Registration No: 325

CONTACT DETAILS

Arne Dahn
36 Laurel Avenue
Onchan
IM3 3JF

Phone	01624 845255
Fax	
Mobile	07624 497973
Website	www.sftd-iom.com
E-mail	sftd-chairman@manx.net
Facebook	@SailingForTheDisabledIsleOfMan

SERVICES PROVIDED

For all ranges of disability to partake in a sport on equal terms as the able bodied in our own boat "Pride of Man III".

Adults and children above the age of 12 with a wide range of disabilities.

Every person is treated as an individual with their specific needs considered.

ADDITIONAL COMMENTS

Many people have no previous experience and some have never been on a yacht before, but it is a sport that may be tried at any age and with virtually any disability, including people in wheelchairs and those with visual and hearing impairment.

SAMARITANS

Manx Charity Registration No: 284

CONTACT DETAILS

5 Victoria Place
Douglas
IM2 4ET

Phone	116123 (freecall number)
Fax	
Mobile	07624 430655
Website	
E-mail	samaritans@manx.net
Facebook	

SERVICES PROVIDED

Telephone and e-mail helpline for those in emotional crisis.

Face to face support.

Weekly visits to the prison.

ADDITIONAL COMMENTS

Support for anyone experiencing distress and despair, which may lead to thoughts of suicide.

Support line – 116123.

National support line - 300 303 0036.

SERVICE USERS NETWORK (SUN)

Manx Charity Registration No: 855

CONTACT DETAILS

Ryan Pegg - Chair
SUN Office, Reayrt Noa
Noble's Hospital
Braddan
IM4 4RF

Phone	01624 616188
Fax	
Mobile	07624 457756
Website	www.manxsun.im
E-mail	serviceusersnetwork@manx.net
Facebook	

SERVICES PROVIDED

Quarterly newsletter to members.

Monthly social club (Tuesdays) with free refreshments.

Access to support and advice.

ADDITIONAL COMMENTS

For mental health service users and anyone with an interest in mental health.

SOUTHERN BEFRIENDERS LIMITED

Manx Charity Registration No: 939

CONTACT DETAILS

Val Haslam – Scheme Co-ordinator
Thie Rosien
Castletown Road
Port Erin
IM9 6BD

Phone	01624 833025
Fax	
Mobile	07624 468053
Website	www.southernbefrienders.im
E-mail	info@southernbefrienders.im
Facebook	

SERVICES PROVIDED

Befriending service for lonely elderly people in southern communities.

Limited number of social groups and opportunities.

ADDITIONAL COMMENTS

All our volunteers are police checked.

SPECIAL OLYMPICS ISLE OF MAN

Manx Charity Registration No: 358

CONTACT DETAILS

Beryl Woolridge
8 Fuschia Close
Glen Vine
IM4 4DZ

Phone	01624 853850
Fax	
Mobile	
Website	www.specialolympicsiom.org
E-mail	enquiries@specialolympicsiom.org
Facebook	@SOIsleofMan

SERVICES PROVIDED

All year round sports training and competition for people with learning disabilities from 8 years old upwards.

Opportunities throughout the world.

ADDITIONAL COMMENTS

Summer sports – athletics, aquatics, gymnastics, equestrian, golf, cycling, bocce, badminton, and football for 16+ years.

Winter sports – floor hockey, snow shoeing (must be 16 and over).

Tim Crookall MLC – Chair.

Sue Cowin – Secretary (suecowin@manx.net).

ST JOHN AMBULANCE ISLE OF MAN

Manx Charity Registration No: 1112

CONTACT DETAILS

Lynda Osborne
HQ and Training Centre
Glencrutchery Road
Douglas
IM2 6BG

Phone	01624 674387
Fax	01624 626270
Mobile	
Website	www.sja.org.uk/iom
E-mail	ceo@sja.org.im
Facebook	@stjohnambulancelsoleofman

SERVICES PROVIDED

First aid and health and safety training for the general public, local organisations and businesses.
First aid cover at local events.
Emergency response and assisting statutory authorities.
Youth organisation.

ADDITIONAL COMMENTS

Our mission:

- to provide an effective and efficient charitable first aid service to local communities.
- to provide training and products to satisfy first aid and related health and safety needs for all of society.
- to encourage personal development for people of all ages, through training and by membership of our organisation.

THE CHILDREN'S CENTRE

Manx Charity Registration No: 921

CONTACT DETAILS

Fiona Dawson
94 Woodbourne Road
Douglas
IM2 3AS

Phone	01624 676076
Fax	01624 611927
Mobile	
Website	www.thechildrenscentre.org.im
E-mail	info@thechildrenscentre.org.im
Facebook	@thechildrenscentreisleofman

SERVICES PROVIDED

Charitable services we provide: Saturday Child Contact Centre, community based activities including Action, Song and Rhymes (term time), Roll 'n' Play Out to Play (school holidays), Mobex, Thriving Families, community farm.

In addition we provide: day nurseries, after school and holiday clubs, fostering and adoption services.

ADDITIONAL COMMENTS

The Children's Centre develops, manages and pioneers a variety of community initiatives and services aimed at enabling children, young people and families to realise their full potential.

We are an independent Manx charity – undertaking our own projects and working with others to put children, young people and families first.

Mary Doyle: Fundraising and Communications Manager

THE MANX MSA TRUST
Manx Charity Registration No: 1189

CONTACT DETAILS

Chris Blake
11 Kerrocoar Drive
Onchan
IM3 1LR

Phone	
Fax	
Mobile	07624 301030
Website	www.manxmsa.com
E-mail	help@manxmsa.com
Facebook	@manxmsa

SERVICES PROVIDED

Our mission is to share information and design a support service for people who have Multiple System Atrophy and their carers, family members and friends.

We aim to spearhead a significant breakthrough in the fight against MSA. To start with we aim to give hope and find treatments for MSA.

ADDITIONAL COMMENTS

Our goals are to provide a hub for MSA patients and families in the Isle of Man, raise awareness of MSA within local charities who provide services to MSA patients, local healthcare professionals and the wider assistance/networks available, create/source opportunities to fund research into the cause, treatments for, and hopefully a cure of MSA. We are entirely voluntary so we are always looking for your help to meet our vision. You can help in many ways from fundraising, raising awareness, running support/volunteer groups, events, donations and more.

THE MANX STROKE FOUNDATION

Manx Charity Registration No: 696

CONTACT DETAILS

Maureen Redmayne - Secretary
80 Malew Street
Castletown
IM9 1LS

Phone	01624 824361
Fax	
Mobile	
Website	www.manxstrokefoundation.org
E-mail	info@manxstrokefoundation.org
Facebook	

SERVICES PROVIDED

Support for people affected by stroke and their carers.

Stroke Club meeting on the second and fourth Thursday of each month at 7.30pm at the Manx Blind Welfare Society, Corrin Court, Heywood Avenue, Onchan.

Programme of events available.

ADDITIONAL COMMENTS

Aims of the charity: to improve the quality of life of people affected by stroke who live on the Isle of Man; provide social, recreational and other relevant services; raise funds to be used for financing these and other requirements; promote and maintain close relationships with all members including relatives of members and organisations interested in stroke patients and their welfare; promote greater awareness of stroke and to further education in the community.

Irene Gardner (Treasurer) 878852

THE PAHAR TRUST NEPAL

Manx Charity Registration No: 987

CONTACT DETAILS

Howard Green MBE - Chair
11 Laurel Avenue
Onchan
IM3 3JE

Phone	01624 679965
Fax	
Mobile	
Website	www.pahar-trust.org
E-mail	pahartrustnepal@hotmail.co.uk
Facebook	@pahartrustnepal

SERVICES PROVIDED

The Pahar Trust is a British based charity and was established in 1992. Its main focus is raising the funds necessary and co-ordinating the construction of schools in remote areas of East and West Nepal.

To date, 60 new schools have been completed and opened, and 24 schools have been renovated.

ADDITIONAL COMMENTS

The Pahar Trust has also raised funds for and co-ordinated 22 related, yet non-school building, projects. These include hostels as well as water, health and housing projects. The Trust also runs a child sponsorship scheme with over 100 needy children and families being sponsored. As well as the labourers and craftsmen, required for construction, The Pahar Trust employs a small team in Nepal, headed by four ex British Gurkha soldiers, who organize, plan and implement the charity's projects in Nepal.

THE PRAYER BOOK SOCIETY – SODOR AND MAN BRANCH
Manx Charity Registration No: 952

CONTACT DETAILS

Clare Faulds - Chairman
The Lynague
German
IM5 2AQ

Phone	01624 842045
Fax	
Mobile	07624 455280
Website	
E-mail	faulds.clare@gmail.com
Facebook	

SERVICES PROVIDED

Quarterly journal and twice yearly review.

Annual service and meetings on Island. Meetings and annual conference in UK.

Thomas Cranmer award – speaking competition for children.

ADDITIONAL COMMENTS

Heat for Cranmer award held in November. Prizes and trophies given. Two finalists go forward to London for national awards.

THE ROYAL BRITISH LEGION ISLE OF MAN

Manx Charity Registration No: 624

CONTACT DETAILS

Ann Cottier – County Secretary
116 Ballanorris Crescent
Friary Park
Ballabeg
IM9 4EU

Phone	01624 823974
Fax	
Mobile	07624 472742
Website	
E-mail	anncottierbl@manx.net
Facebook	

SERVICES PROVIDED

To help to relieve suffering, hardship and distress to spouses and dependents of servicing and ex-service people.

ADDITIONAL COMMENTS

The Poppy Appeal is the main income that enables the Royal British Legion to carry out the welfare work nationwide.

Poppy Appeal contact: Audrey Brown – 01624 851295.

THE SALVATION ARMY (DOUGLAS CORPS)

Manx Charity Registration No: 267

CONTACT DETAILS

Captains Carolyn and Simon Clampton
The Salvation Army
Fairfield School
Tynwald Street
Douglas
IM1 1BE

Phone	01624 627742
Fax	
Mobile	
Website	www.salvationarmy.org.uk/douglas
E-mail	douglas@salvationarmy.org.uk
Facebook	

SERVICES PROVIDED

Sunday worship, lunchtime prayers, ladies fellowship, come and meet each other, lunch club, parents and toddlers, nursery, messy church, children's outreach.

ADDITIONAL COMMENTS

Our mission is to bring people to Christian faith, to nurture them in that faith and to put our faith into action through Christian love and practical help for others.

THE STROKE ASSOCIATION

Manx Charity Registration No: 945

CONTACT DETAILS

Paul Allinson
Peterson House
2 Middle River
Douglas
IM2 1AL

Phone	01624 616885
Fax	
Mobile	07624 399069
Website	www.stroke.org.uk
E-mail	paul.allinson@stroke.org.uk
Facebook	

SERVICES PROVIDED

The Stroke Association offers a number a different support groups on the island, including Supported Communication (Port Erin, Ramsey, Douglas), Service Users Group (Douglas), Neuro-Exercise Group (Port Erin, Ramsey, Douglas) and Brushstrokes Art Group (Douglas). We also work closely with other organisations such as the Manx Stroke Foundation and the Live Well Stay Well group to help people in their recovery from a stroke and manage any lifestyle changes.

ADDITIONAL COMMENTS

Office hours: Tuesday to Thursday, 9am to 5pm.
Communication Groups: Port Erin (first Wednesday each month); Douglas (first Thursday each month); Ramsey (third Wednesday each month).
Service Users Group: Douglas (second Wednesday each month).
Neuro-Exercise Group: Blocks of four weeks (two sessions weekly) to be held in Port Erin, Ramsey and Douglas.
Brushstrokes Art Group: Every Thursday in Douglas.
Volunteers welcome for above services.

TRAVEL WATCH ISLE OF MAN

Manx Charity Registration No: 1202

CONTACT DETAILS

8 High Street
Port St Mary
IM9 5DR
Brendan O’Friel – Chair
Mike Bathgate – Treasurer

Phone

Fax

Mobile

Website

E-mail

Facebook

www.travelwatch-isleofman.org

SERVICES PROVIDED

To educate and empower members of the public by developing a better understanding of public transport issues within, to and from the Isle of Man.

ADDITIONAL COMMENTS

Our key objectives are:

- To inform and empower passengers.
- To represent and promote the interests of passengers.
- To provide opportunities for passengers to express their concerns and needs.
- To influence Operators and Authorities to improve services for passengers.
- To provide consultation opportunities with passengers for Operators and Authorities.
- To encourage integrated public transport.
- To co-operate with others in the interest of passengers.

UNITED RESPONSE – ISLE OF MAN ADVOCACY SERVICE
Manx Charity Registration No: 1062

CONTACT DETAILS

Isabel Miller
c/o Eastcliffe Resource Centre
Victoria Avenue
Douglas
IM2 4AL

Phone	01624 629777
Fax	
Mobile	07624 452684
Website	www.unitedresponse.org.uk
E-mail	isabel.miller@unitedresponse.org.uk
Facebook	

SERVICES PROVIDED

Advocacy services to adults with learning disabilities in the Isle of Man.

ADDITIONAL COMMENTS

The service provided is not legal advocacy. It is a service which supports adults with learning disabilities to speak up for themselves and/or represents them in areas of concern in their lives. The service can be contacted by adults with learning disabilities or by someone who has concerns about them (family, staff working with the person, other professionals etc).

UNIVERSITY OF THE THIRD AGE

Manx Charity Registration No: 1121

CONTACT DETAILS

St John's Mill
Mill Road
St John's
IM4 3AF

Phone	01624 801032
Fax	
Mobile	
Website	www.isleofman.com/u3a
E-mail	
Facebook	

SERVICES PROVIDED

Monthly meetings from 2pm to 4pm on the third Thursday of each month for the retired and semi-retired – come along and see if the U3A is for you.

Pop-up courses (open to everyone – there is a small charge). We are also available to give talks about 3rd Age and learning to any groups looking for speakers. Anyone can join and group leaders do not need any formal qualifications to lead a group.

ADDITIONAL COMMENTS

Social groups for learning new things, sharing knowledge and experience – no qualifications necessary.

We currently have 28 special interest groups across the island and over 200+ members.

Everyone is a volunteer and we have no paid officers.

VICTIM SUPPORT ISLE OF MAN

Manx Charity Registration No: 963

CONTACT DETAILS

Paula Gelling
6 Albert Street
Douglas
IM1 2QA

Phone	01624 679950
Fax	01624 679960
Mobile	
Website	www.victimsupport.im
E-mail	enquiries@victimsupport.im
Facebook	@victimsupportiom

SERVICES PROVIDED

Emotional support and practical help to victims of crime, domestic abuse and fatal road traffic collisions.

ADDITIONAL COMMENTS

Twitter - @victimsupp-iom.

WITNESS SERVICE ISLE OF MAN
(part of Victim Support Isle of Man)
Manx Charity Registration No: 963

CONTACT DETAILS

Paula Gelling
6 Albert Street
Douglas
IM1 2QA

Phone

01624 679950

Fax

01624 679960

Mobile

Website

www.victimsupport.im

E-mail

enquiries@victimsupport.im

Facebook

SERVICES PROVIDED

Support for witnesses, family and friends in criminal courts.

ADDITIONAL COMMENTS

WOMEN'S AID

Manx Charity Registration No: 398

CONTACT DETAILS

Lea Helwich

Phone

01624 677900

Fax

Mobile

Website

E-mail

Facebook

SERVICES PROVIDED

Safe accommodation, and help and advice for women and children who have suffered, or are suffering, from domestic abuse of any kind.

No details of organisation as confidentiality and security are important.

ADDITIONAL COMMENTS

Aims of charity: to offer support and temporary accommodation to women and children who suffer from domestic abuse, either physical, sexual or emotional.

Manx Charity Registration No:

CONTACT DETAILS

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Phone Fax Mobile Website E-mail Facebook	
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SERVICES PROVIDED

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ADDITIONAL COMMENTS

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